

THE MEGAPHONE !

[navigating **adolescent** transitions]

Promoting the voices of Manitoba's children and youth

2013

i am...a youth

ISSUE 04

Check out our other info sheets for **Service Providers** & **The General Public**





ARE YOU A SHAPESHIFTER??

Being a teenager is a time to explore and expand who you are and to find where you want to belong. This requires a lot of change and testing out of what fits for you and what doesn't. While you're trying to define who you are there are a lot of people telling you who they think you should be. People may be telling you things outright like "You can't be wearing that!" or "You gotta act like this to hang with us!" And sometimes people don't even use words to tell you what they think you should do, it's almost like you can read their mind just by the way they're treating you. All of these opinions of what you should do might be super overwhelming, especially when you are trying to figure out for yourself who you are. Take time to think for yourself and evaluate who you want to be and what you want for your life.

PERSONALITY QUIZ!

INSTRUCTIONS: Rank each group of words from 1 to 4. 1 = not like me, 2 = kind of like me, 3 = a lot like me, 4 = totally me! Add the numbers and write your total score in the coloured boxes at the bottom to see which colour you are most like! This is meant to be a fun quiz to get you thinking about what you're into and what you're good at.

Find a description of the colours on the back page!

Authentic Blue 	#	Organized Gold 	#	Inquiring Green 	#	Resourceful Orange 	#
genuine social compassionate		take charge like traditions responsible		adaptable creative capable		active like opportunities spontaneous	
unique understanding communicative		practical common-sense dependable		curious imaginative knowledgeable		competitive eager influential	
devoted friendly poetic		loyal cautious organized		thoughtful look for answers clever		realistic open-minded adventurous	
sensitive inspirational dramatic		concerned purposeful cooperative		determined complicated calm, cool, collected		daring act quickly fun	
upbeat affectionate considerate		like To Do lists like routines caring		philosophical fair reflective		exciting courageous skillful	
Total Score		Total Score		Total Score		Total Score	

1 Adapted from True Colors Personality Assessment retrieved from <http://www.theslideprojector.com/pdffiles/learnertypes.pdf>

2 Image Source: http://img0.etsystatic.com/000/0/6483231/il_fullxfull.278297204.jpg

Office of the Children's Advocate

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Article 12 - YOUR OPINION COUNTS!

The United Nations Convention on the Rights of the Child (UNCRC) is an international agreement between many countries of the world, including Canada. This means that children and youth all over the world have more than 40 major human rights that must be protected.



Article 12 of the UNCRC says:

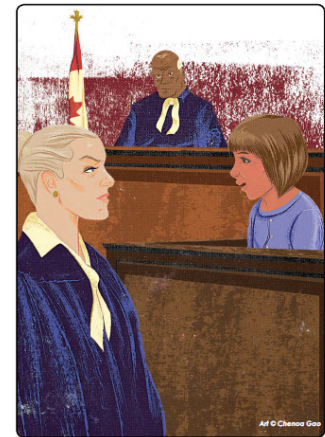
You have the RIGHT

to express your opinion

You have the RIGHT

to have adults listen to your opinion and take it seriously in decisions that affect you

What you think and feel is valuable, especially when it comes to decisions that are being made about you and your future. It's important to talk with your social worker about what you think and how you feel about the plans that are being made about your future. This doesn't mean your social worker will do whatever you want BUT he or she has to listen to your opinion and seriously consider what you want in making plans for you. **You have the right to participate in making plans that affect you!**



UNCRC Article 12

You have the right to express your opinion and to be heard by adults, especially in court.

Personality
quiz
explained!

	Authentic Blue	Organized Gold	Inquiring Green	Resourceful Orange
People Skills	takes care of friends prefers smaller group of tight friends	enjoys doing practical things 4others trustworthy	heart ruled by the head thoughtful	fun & full of life generous
Work Skills	team player motivates others	makes detailed plans organized & on time	seeks perfection likes new challenges	gets things done quickly steps up in a crisis
Leader Skills	includes everyone looks for skills in others	provides structure to a group keeps order & stability	brings new ideas has a vision	optimistic communicates with ease

WHAT ARE YOU INTO??

There are tons of places in Winnipeg that offer opportunities for young people. Check out what's available in your neighbourhood by asking around, looking online, or making some calls! Getting involved in activities you love is a great way to feel good about yourself and your life. Why not try something you haven't tried before?

EPIC EVENTS & HANGING OUT WITH FRIENDS?

connect with Voices at #300 - 61 Juno Street. www.voices.mb.ca

Breakdancing, Screen Printing, DJ ing?

check out Studio393 on 2nd floor of Portage Place Mall www.facebook.com/Studio393

ADVOCACY & SOCIAL JUSTICE?

check out Meet Me @ the Bell Tower on Selkirk & Powers Fridays at 6:00pm. www.ayomovement.com

SKATEBOARDING & ROCK CLIMBING

check out YFC on Higgins and Main. www.yfcwinnipeg.com

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